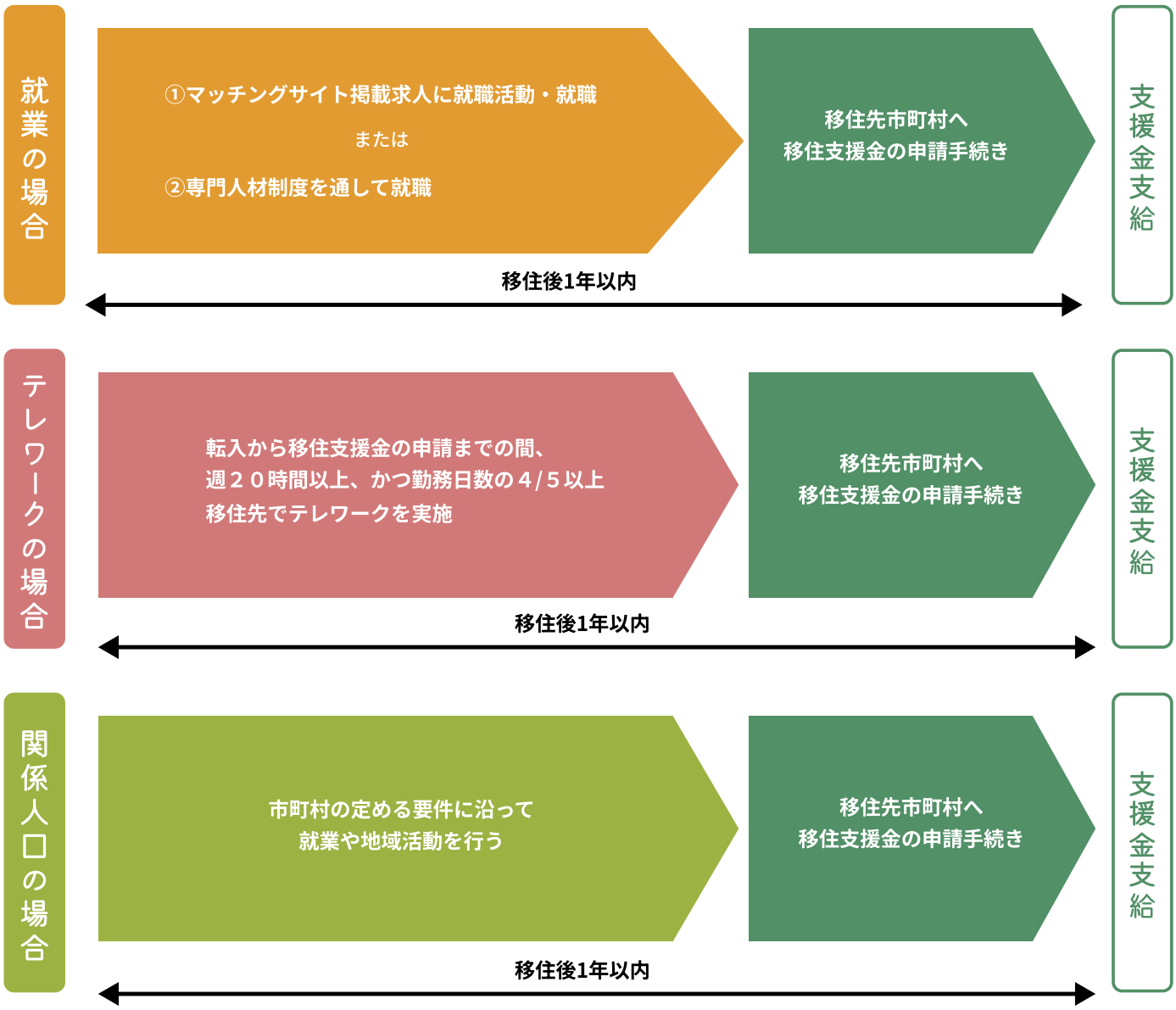移住支援金支給までの流れ